

2024/2025 – Horsley PE overview

Autumn 1 (HT 1)	Wrens	Robins	Owls	Hawks
PE hour 1 (AVSSP)	Fundamentals of movement			
PE hour 2 – suggested ideas and links	Athletics, Team building activities, Puzzle solving, fine/gross motor skills		Outdoor Adventurous activity, athletics, orienteering, problem solving, team building exercise	
Swimming				/

Autumn 2 (HT 2)	Wrens	Robins	Owls	Hawks
PE hour 1 (AVSSP)	Gymnastic/Dance (with a couple of opportunities of <i>boxercise</i> when equipment is available)			
PE hour 2 – suggested ideas and links	Gymnastic, Fitness, Dodgeball/Boxercise		Gymnastics, Fitness circuits/Dodgeball	
Swimming			/	

Spring 1 (HT 3)	Wrens	Robins	Owls	Hawks
PE hour 1 (AVSSP)	Dodgeball & bench ball etc.			
PE hour 2 – suggested ideas and links	Gymnastic, Fitness, Dodgeball/Boxercise, Dance		Gymnastics, Fitness circuits/Dodgeball	
Swimming		/		

Spring 2 (HT 4)	Wrens	Robins	Owls	Hawks
PE hour 1 (AVSSP)	Invasion Games (football, handball etc.) (with a couple of opportunities of <i>fencing</i> when equipment is available)			
PE hour 2 – suggested ideas and links	Dance Basketball, Football, Netball, Tag Rugby, Handball		Dance Basketball, Football, Netball, Tag Rugby, Handball	
Swimming		/		

Summer 1 (HT 5)	Wrens	Robins	Owls	Hawks
PE hour 1 (AVSSP)	Net/Wall (Tennis due to space and equipment available)			
PE hour 2 – suggested ideas and links	Invasion games, Basketball, Football, Netball, Tag Rugby, Handball		Basketball, Football, Netball, Tag Rugby, Handball	
Swimming	/			

Summer 2 (HT 6)	Wrens	Robins	Owls	Hawks
PE hour 1 (AVSSP)	Striking and fielding (with a couple of opportunities of <i>Archery</i> when equipment is available)			
PE hour 2 – suggested ideas and links		Cricket/rounders Fundamentals of movement, Athletics	Cricket/rounders Fundamentals of movement, athletics	
Swimming	/			